

## Energy Healing in the NHS

---

The number of NHS hospitals and other UK conventional healthcare institutions offering Reiki and other forms of complementary energy healing is growing as administrators, physicians and the nursing profession adopt a more integrated, or holistic, approach to patient care.

Listed below are some of the NHS hospitals which offer energy healing to patients and/or staff.

### **Aberdeen Royal Infirmary NHS**

Reiki treatments offered to complement conventional cancer treatments

### **Addenbrooke's Hospital NHS, Cambridge**

Reiki offered in conjunction with Maggie's Wallace to complement conventional cancer treatments

### **Aintree University Hospitals NHS, Liverpool**

Reiki treatments offered by elderly medicine services

### **Ayrshire Central Hospital NHS, Irvine**

Reiki treatments offered to complement conventional cancer treatments

### **Barnet and Chase Farm Hospitals NHS, Barnet and Enfield**

Reiki therapy for staff wellness

### **Barnsley Hospital NHS**

Reiki offered in conjunction with The Well to complement conventional cancer treatments

### **Bedford Hospital NHS**

Reiki therapy and spiritual healing

### **Buckinghamshire Healthcare NHS, Stoke Mandeville and Wycombe**

Reiki therapy to complement conventional cancer and haematology treatments

### **Croydon University Hospital NHS**

Reiki therapy for staff wellness

### **Darent Valley Hospital NHS, Dartford**

Reiki therapy for staff wellness

### **Doncaster Royal Infirmary NHS**

Reiki, massage and beauty therapies offered to complement conventional cancer treatments

### **East Kent University Hospitals NHS, Ashford, Canterbury, Dover, Folkestone & Margate**

Reiki treatments offered to complement conventional cancer treatments

### **Epsom and St Helier University Hospitals NHS**

Reiki, energy healing and massage therapies offered to complement conventional cancer treatments

### **Gartnavel General Hospital NHS, Glasgow**

Reiki offered in conjunction with Maggie's Wallace to complement conventional cancer treatments

### **Great Ormond Street Hospital NHS, London**

Holistic massage therapy offered to complement conventional cancer treatments

### **Greater Glasgow and Clyde NHS**

Mindfulness therapy and therapeutic massage

### **Heart of England NHS, Birmingham**

Reiki therapy offered in conjunction with Freshwinds Adult Integrated Medicine Services

**Ipswich Hospital NHS**

Reiki therapy and spiritual healing

**James Paget University Hospitals NHS, Great Yarmouth**

Reiki therapy and spiritual healing

**Kingston Hospital NHS**

Reiki treatments offered to complement conventional cancer treatments

**Leeds General Infirmary NHS**

Reiki therapy offered in conjunction with The Robert Ogden Macmillan Centre to complement conventional cancer treatments

**Macclesfield District General Hospital NHS**

Reiki therapy offered in conjunction with The Macmillan Centre to complement conventional cancer treatments

**Newham University Hospital NHS, London**

Project to offer complementary therapies including Reiki to the staff and later to the patients

**Norfolk and Norwich University Hospitals NHS**

Reiki therapy and spiritual healing

**North Middlesex Hospital NHS, London**

Reiki treatments offered to complement conventional cancer treatments

**North Staffordshire Combined Healthcare NHS, Stoke on Trent**

Reiki and other complementary therapies

**Northern General Hospital NHS, Sheffield**

Reiki and energy healing offered in conjunction with The Cavendish Centre to complement conventional cancer treatments

**Nottingham University Hospital NHS**

Reiki, massage and beauty therapies

**Peterborough and Stamford University Hospitals NHS**

Reiki therapy and spiritual healing

**Portsmouth Hospitals NHS**

Reiki treatments offered to complement conventional cancer treatments

**Royal Albert Edward Infirmary (Wrightington, Wigan and Leigh NHS Foundation Trust)**

Reiki treatments offered to complement conventional cancer treatments

**Royal Liverpool Hospital NHS**

Reiki treatments offered to complement conventional cancer treatments

**Royal National Orthopaedic Hospital NHS, Stanmore**

Reiki therapy for the disabled, in conjunction with The Disability Foundation

**Salisbury District Hospital NHS**

Therapeutic massage for patients; Reiki therapy for staff

**Sherwood Forest Hospitals NHS, Nottinghamshire**

Reiki and other complementary therapies

**Southampton University Hospitals NHS**

Reiki treatments offered to palliative care cancer patients (day care)

**South Tees Hospitals NHS, Middlesbrough**

Reiki treatments offered to complement conventional cancer treatments

**St Helens & Knowsley Hospitals NHS, Merseyside**

Reiki therapy to complement conventional cancer and haematology treatments

**St Pancras Hospital NHS, London**

Reiki treatments offered to complement conventional cancer treatments

**Strathclyde Hospital NHS, Motherwell**

Reiki treatments offered to complement conventional cancer treatments

**Tameside Hospital NHS, Ashton-under-Lyne**

Reiki treatments offered to complement conventional cancer treatments

**The Christie NHS Foundation Trust, Manchester**

Reiki therapy for patients and staff

**The Ipswich Hospital NHS**

Reiki, touch and massage treatments offered to complement conventional cancer treatments

**The Princess Alexandra Hospital NHS, Epping Forest**

Reiki treatments offered to complement conventional cancer treatments

**The Queen Elizabeth Hospital NHS, King's Lynn**

Reiki therapy and spiritual healing

**The Royal Free Hospital NHS, London**

Reiki treatments offered to complement conventional cancer treatments

**University College London Hospitals NHS**

Reiki treatments offered to patients with stress and mood disorder

Reiki treatments offered to complement conventional cancer treatments

Reiki treatments offered to complement the treatment of endometriosis

**University Hospital Ayr NHS**

Reiki treatments offered to complement conventional cancer treatments

**University Hospital Crosshouse NHS, Kilmarnock**

Reiki treatments offered to complement conventional cancer treatments

**Victoria Hospital NHS, Kircaldy**

Reiki offered in conjunction with Maggie's Wallace to complement conventional cancer treatments

**Warrington and Halton Hospitals NHS**

Reiki and holistic healing therapies offered to complement conventional cancer treatments

**Western General Hospital NHS, Edinburgh**

Reiki offered in conjunction with Maggie's Wallace to complement conventional cancer treatments

**Western Sussex Hospitals NHS, Chichester**

Reiki treatments offered to complement conventional cancer treatments

**Weston Park Hospital NHS, Sheffield**

Reiki and energy healing offered in conjunction with The Cavendish Centre to complement conventional cancer treatments

**Wexham Park Hospital NHS, Slough**

Reiki treatments offered to complement conventional cancer treatments

**Wirral University Teaching Hospital NHS, Merseyside**

Reiki therapy for staff

**York Teaching Hospital NHS, York and Scarborough**

Reiki treatments offered to complement conventional cancer treatments

---

Sources: UK Reiki Federation, 2010; Beauty & Soul, 2014; NHS websites 2014

*Other examples of places where Reiki is used:*

The Prince's Foundation for Integrated Health (HRH Prince Charles's foundation)  
Bridgewater Hospital, Manchester (on-site Mind, Body & Soul Clinic)  
St Teresa's Hospice, Darlington  
The Haven Breast Cancer Support Centres in Leeds and London  
NHS Hospitals including Maternity Units, Cancer Wards/Clinics/Centres and Support Groups  
Penny Brohn Cancer Care, Bristol  
Hospices  
Carers Associations  
NHS Occupational Health Departments  
Physiotherapy Units  
NHS Medical Centres  
NHS Mental Health Units/Psychotherapy Clinics  
Special Needs – learning & behavioural difficulties and mental health  
Medical & Paramedical (many members of the UK Reiki Federation are also practising doctors)  
Social Services Day Care Centres  
Drug & Alcohol Abuse/Addiction Programmes  
Substance Abusers & Families Support Networks  
GP & Dental Practices  
Residential Care and Nursing Homes  
Local Council Health and Harmony Events treating post natal mothers, Asian Elders, and others  
Brain Injury rehabilitation centres  
HIV/AIDS organisations' holistic health and healing centre

---

*Sources: UK Reiki Federation, 2010; Beauty & Soul, 2014*